





— Travelers Group

great way to bond

with our team.

# WHAT WE DO

Knithub is a fashion forward design studio specialising in corporate wellness courses.

employees de-stress and learn new taken back into the workplace.



# About **OUR WORKSHOPS**

Knit your team together using the feel-good science of yarnbased crafts.

We offer online and in-person workshops for all levels, providing all the tools and materials you need.

If you want a fun way to thank your team and bring them together, here it is! Something a bit different to help your staff bond and gain key soft skills.

Plus, everyone gets to keep a stylish piece of knitwear that they made themselves!

## CONTACT

Website:

KNITHUB24.COM

Email:

HELLO@KNITHUB24.COM

# The Classes

We offer workshops in hand knitting, crochet, macramé, and amigurumi. Structure it as a one off session or within your wellbeing program, as a team away-day or a special event.



### **MATERIALS**

Provided in full to each person, with a bespoke message



### **FULL / HALF DAYS**

Suitable for up to 200 people with custom programs available



### **BESPOKE OPTIONS**

- Snack provision
- Optional mindfulness
- Relaxation techniques

# The Benefits

### **Team bonding**

Crafting goes well with tea and nibbles! It's an opportunity to bond as a team and chat with colleagues you may not get the chance to speak to regularly.

### Stress relief

Science shows knitting lowers your heart rate by an impressive 11 beats per minute thanks to its stress-relieving powers.

#### Soft skills

Learning crafts fosters key skills such as patience, perseverance and good communication, plus a sense of achievement.

"The perfect way to de-stress at lunchtime"

# **Eco Materials**

We provide everything you need for the workshop. All our yarns are certified sustainable and we use eco-friendly bamboo needles.





# Why we're different

We put our heart and soul into all our courses, and love helping businesses give back to their employees and reach wellness goals.

## DIVERSE AND TALENTED TUTORS

Amongst the best in the industry, including London Fashion Week designers and university teachers

## TAILOR-MADE EXPERIENCES

Tell us your desired outcomes and needs and we'll work with you on a bespoke workshop

#### WE RESPECT PEOPLE & PLANET

Our core values are sustainability and inclusivity and we weave this through everything we do

# Who we've supported

We provide workshops for teams, organisations, corporates, charities and NGOs, including...











FENWICK ELLIOTT

# What people say

### Fenwick Elliot Employee

"Our company organised an evening knitting class for our team after work. We had so much fun learning to knit a pompom hat. It's very therapeutic and helps me unwind after a busy day. I'm so pleased we had the opportunity to learn knitting through our organisation and spend time with colleagues outside of work."

### **Travelers Group Employee**

"Knithub 24 provided us with a bespoke knitting class for our lunchtime Christmas event. The class was fun, interactive and a great way to bond with our team. Everyone thoroughly enjoyed the class whilst learning a new skill. Thank you Knithub 24."

# Craft.



Live better.

